




“When we heal,
we heal the Earth.”

YOLENTHA RAM

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LET ME TELL YOU SOMETHING ABOUT MYSELF.

My personal journey



I grew up in the country side of the Netherlands, being a curious minded kid, sportive and very fond of nature and animals. My dad past away when I was eleven years, the years after that my life and family situation became quite troubling and unsafe. Which made me move to Amsterdam for my study. I have known very dark places within myself for many years, have been often depressed and missing any sense and motivation for life. But I also knew, there needed to be more to life, something meaningful. This curiosity led me to my Spiritual path of awakening and discovering the essence of my life on Earth. I have healed much within myself, therefor, I am able to understand others and guide them in their journey.

At first it led me to my Yoga path and travelling abroad, discovering other place outside of the Netherlands and outside of myself. My curious heart leaded me to my first Ayahuasca experience in 2018, which changed everything in my life. Since then I have joined over 20 plant medicine ceremonies myself and I learned to work with the medicines, at first for my personal healing journey, later from 2020 I started to facilitate ceremonies myself. It became a deep remembrance that my Soul had walked this path before and I received multiple initiations during ceremonies, activitating my Souls path, activitating my energy healing abilities, light language healing abilities and voice & sound healing powers.

Over 5 years I studied and learned more about the depth of trauma on Soul level, which led me to Inner Child Trauma Healing, Ancestral Trauma Healing, Past Life healing and Womenwound (womb) healing work, in which I now offer one-on-one sessions, as group work.

Since three years I discovered the trauma of the Womenwound within myself, in relationship to the Masculine. The wound a lot of women are carrying unconsciously within them. This led me to learn more about our Ancestral wounds, in connection to the story of Mary Magdalene and teaching about the Divine Feminine and Divine Masculine energies. I have been healing the wounds of the past in myself and feel strongly called to assist other women in their healing journey. I work with ascended masters, (arch) angels, spirit guides, multi dimensional beings, Souce Energy, the elements of nature and the Ancestors. Working with the frequency of the New Earth.

Gathering with a group of women is one of the most powerful events for healing and growth



I have over 5 years of experience in facilitating plant medicine ceremonies, more than 40 ceremonies in total, from small groups to over 80 people in a beautiful church.

I have 20 years of experience in organising large events and 7 years of experience in organising retreats, for men and women.

More than 500 humans have met me in my work and let me guide them in their Spiritual path of healing and awakening. I am forever grateful for this opportunity.



Part of my studies & experiences

- 2016 & 2017 Vinyasa Yoga
- 2020 Reiki 1 & 2
- 2021 Mahatma Avatar of Synthesis Practitioner & Master at One Consciousness Academy
- 2021 Inca Sjamanism at Soulcoach
- 2023 Working with and learning from shamans in Guatemala about ceremonial work, cacao and ancestral healing.
- 2023 Course Ancestral Trauma & Healing with The Shift Network
- 2023 Course Hypno Regression Therapy with Aroha Bevan
- 2023 NRGY Kundalini Activation course
- 2023&2024 Voice Liberation Retreat & Course
- 10 years of personal healing work.

The most I have learned is through life's teachings and in working with people, no study could have ever taught me.